



Vol. 2 No. 39
Sept. 30, 2011

442nd Fighter Wing supports Michigan ANG



U.S. Air Force photo/Senior Airman Cody H. Ramirez

Lt. Col. John Marks, 303rd Fighter Squadron A-10 Thunderbolt II pilot, conducts an engine check on his aircraft here Sept. 21 before flying to Selfridge Air National Guard Base, Mich., for a TDY to support the base while its members are deployed to a forward operating base in Afghanistan. Approximately 20 maintainers from the 442nd Fighter Wing deployed to Afghanistan in September for a six-month deployment where they will support the Michigan Air National Guard through aircraft maintenance and operations. Nearly 300 more reservists from the 442nd FW are scheduled to deploy to the area of responsibility in January 2012.

UCM vs. ARKANSAS TECH

Military Appreciation Football Game

Oct. 1, 2011

Mules game begins @ 1:30 p.m.



TICKETS ARE FREE TO ALL MILITARY AND THEIR FAMILIES WITH ID

Military appreciation tailgate luncheon

President Chuck and Mrs. Kris Ambrose cordially invite Team Whiteman and a guest to a military appreciation tailgate luncheon 11:30 a.m. Oct. 1 at Selmo Park Lawn, 518 S. Holden St., Warrensburg. The Mules vs. Arkansas Tech Wonder Boys kickoff is at 1:30 p.m. at Audrey J. Walton Stadium at Vernon Kennedy Field. The favor of a reply is requested by calling 660-543-4986 or e-mailing knight@ucmo.edu to indicate any special needs when replying. Parking is available at the corner of Clark and Holden Streets, or at the Multipurpose Building. (Rain site: Elliott Union, Rooms 237 A&B)

ON THE INSIDE

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58 Team Whiteman Airmen promote

Fifty-eight Team Whiteman Airmen promoted in September and noncommissioned officers are scheduled to promote Oct. 1. A ceremony is scheduled at 3:30 p.m. today at Mission's End.

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2011 Whiteman Gala



WEATHER

Today	Sunday
Sunny	Sunny
Hi 71	Hi 75
Lo 40	Lo 48
Saturday	Monday
Sunny	Sunny
Hi 69	Hi 79
Lo 40	Lo 52

Courtesy of National Weather Service

Soldier receives runner-up in Best Warrior Competition

By Senior Airman Alexandra M. Boutte
509th Bomb Wing Public Affairs

Four rigorous days of studying, sweating and training finally came to a head Aug. 18 when Sergeant Brian Wood, 1-135th Aviation Brigade Apache crew chief, was named Soldier of the Year runner-up.

The 2011 Best Warrior Competition was held to select the most outstanding Soldier to represent the United States Army.

There were a total of seven participants who competed in nationals; the participants had to compete in several levels of competition.

The Competition kicked off Aug. 14 with the Army Physical Fitness Test. It was the only portion of the competition known to the competitors in advance. The entire schedule was known only by the event's planning team.

"I prepared myself by studying the guidebook when I could," said Wood. "I ran a variety of distances and intensities at least three times a week and did a six-to-12-mile road march at least once a week."

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Whiteman MWD receives first national award

By Heidi Hunt
509th Bomb Wing Public Affairs

The Exercise Tiger Foundation honored Staff Sgt. Alex Holloway, 509th Security Forces Squadron canine handler, and Filo, a six-year-old Military Working Dog, during the 13th Annual National Adopt A Servicemen & Women Awards Banquet and Ceremony in Columbia, Mo., Sept. 16.

The award is recognized by the U.S. Department of Defense, Secretary's of the Navy and Army, Commandant of the U.S. Coast Guard, Members of Congress and President of the United States of America.

"When I was informed about the award, I was pretty excited," said Holloway, an Air Force Global Strike Command sergeant. "MWDs rarely get recognized for what they deserve, so it was good thing."

"The idea to honor a canine was inspired by the death last month of Bart, a Navy SEAL dog who died when a helicopter was shot down over Afghanistan, said Susan Haines, Exercise Tiger Foundation national director. "We found that up

until the last possible moment he tried to protect his handler. He was man's best friend."

"Prior to this award there was nothing out there for the MWDs," said Van Hulle. "It gives not only our handlers, but security forces the recognition they deserve. It's a team effort and it takes a team in order to do the mission."

As a team, Holloway and Filo conducted sweeps for the U.S. Secret Service and provided security for the President of the United States Filo has also performed more than 423 hours of foot patrols with Holloway.

"Filo is passionate about what he does so when we want him to work or when he needs to go to work he does it to his fullest ability," Van Hulle said.

Holloway accepted the award on Filo's behalf including recognition from the Columbia Police Department, Gov. Jay Nixon and Sen. Claire McCaskill.

They were also a part of the pre-game ceremony for military appreciation day at the University of Missouri.

See MWD, page 3

Whatever you are, be a good one

Maj. David P. Goode

19th Munitions Squadron Commander

Among President Abraham Lincoln's many wise statements, his most poignant may also have been his simplest, "Whatever you are, be a good one". Dr. Martin Luther King later held, "If you are called to be a street sweeper, sweep streets even as Michelangelo painted, or Beethoven composed music, or Shakespeare wrote poetry. Sweep streets so well that all the hosts of heaven and earth will pause to say, 'Here lived a great street sweeper who did his job well.'"

Both President Lincoln and Dr. King rose to greatness from humble beginnings, based in large part, to work ethic and study. Both built a legacy of excellence through the idea of overcoming challenges with perseverance. Both dedicated their lives to service and became larger than self through devotion to reaching their full potential.

Although hardly analogous to Lincoln or King, rapper-turned-actor Will Smith struck a similar chord in a recent interview. When addressing work ethic, Smith said, "I've never really viewed myself as particularly talented. I've viewed myself as slightly above average in talent. And where I excel is ridiculous, sickening, work ethic. You know, while the other guy's sleeping? I'm working. While the other guy's eating? I'm working." He went on to say, "No one will EVER outwork me."

His is a perfect example of using work ethic to reach your full potential. You can be smart and talented, but without work ethic your attributes are largely wasted. Conversely, a solid commitment to work ethic and study can overcome any deficit.

As a case in point, President Lincoln received no formal education, but was self taught through personal study. His is a clear example that neither the degree hanging on the wall nor, in our case, the rank worn

defines a person—only they define themselves. You define yourself.

Young men and women today are largely underestimated, yet in my view, their accomplishments are comparable to the "greatest generation" of our grandfathers, supporting multiple wars and protecting our nation's interests. They're just as smart, fast, courageous and every bit as capable as those that have gone before them.

A perfect example was on a recent Saturday, where my unit leadership came into the maintenance bay on a Saturday to tidy up. We didn't feel the need to call in the workforce as they'd work twelve-hour shifts during the week and deserved a weekend break. As we were cleaning, I noticed a young Airman with a mop and bucket. I recognized him as one of our newest troops, fresh from technical training and currently living in the dorms. I asked if he was under the impression he was required for cleanup, whereupon he answered, "No Sir, I just thought I'd pitch in." I presented him with a coin for excellence, but more importantly I learned a lesson on dedication to duty from him.

A young Airman fresh from tech school reaffirmed my commitment to service and work ethic. He defined himself that morning.

On the few occasions where I've had a troop who has failed to reach their potential, it hasn't been a problem of aptitude, but one of attitude, a lack of commitment and work ethic. Our military is a meritocracy, with progression based on performance. Although the fabric of our service is woven from individuals of varied socio-economic backgrounds, the tie that binds us is our commitment to serve, whether from intrinsic or extrinsic motivations or, more likely, a combination of both.

Our system of performance-based progression provides boundless opportunities for anyone willing to step up and separate themselves

See Good one, page 14

Commander's Corner

Team Whiteman,

It's a fact of life in today's military...we have more tasks to accomplish than time or resources with which to accomplish them. In order to decide which tasks are essential to the mission, commanders at all levels must set priorities.

Priorities should be simple and easy to explain. They are the bridge between the sometimes dry and academic mission statement, and how we actually accomplish that mission every day. For the 509th Bomb Wing, I have five priorities to help guide my

own decisions and the tasks I assign to you, the Airmen of Whiteman AFB.

First, execute long range strikes, wherever and whenever called. You have already achieved this once this year in Operation Odyssey Dawn. Countless hours of training and mission planning culminated into a flawless execution, showcasing the B-2 in combat to a world audience for the first time in eight years.

Second, continue to support current combat operations. As a standard, I expect each Airman to remain ready, up-to-date on training, physically prepared, and mentally focused. This is a critical time for our military as we are supporting three conflicts—Afghanistan, Iraq and Libya.

Third, maintain care for Airmen and families. Mission success depends on the well-being of our forces and families. Deployments and long hours at work are an understood sacrifice, but this does not negate the fact that they are a sacrifice nonetheless. There are many support systems available for Airmen and their families...If we take advantage of them.

Fourth, develop and sustain resources. In today's military there is considerable talk about budget cuts, primarily personnel and weapon systems. To succeed, we evaluate our processes in place and adjust accordingly. We look for ways to do things smarter, cheaper, faster.

Finally, continue to further education. I encourage each individual to take advantage of the GI Bill, Tuition Assistance, or other means provided to you as a servicemember. Invest in yourself with these opportunities you've earned.

Defensor Vindex.

-Brig. Gen. Scott Vander Hamm, Commander



Life is about decisions

By Lt. Col. Thaddeus Phillips

509th Medical Operations
Squadron Commander

Life is about decisions, forks in the road with endless possibilities. Here is a piece of advice courtesy of retired Air Force Col. Dennis Stuckey. "You have to have priorities. First is your God, second is your family and third is the Air Force. As long as you make decisions in keeping with these priorities (in that order) then everything will turn out fine."

Throughout my 16 year career I have found his sage advice true, but let me help you a little more with what is implied in Stuckey's words.

First, chose your god well. Everyone assumes a deity of some sort by their actions. If you serve money then all your efforts will be channeled towards increasing your monetary net worth. The cost of friends and family will be worth the sacrifice of a high banking balance. It is a choice but is this the reward you want? Chose your god well, keep it within the confines of integrity, service before self and excellence in all you do. Those core values will carry you through the Air Force and beyond.

Second, chose your family; in the long run they are there before your Air Force career, during your Air Force career and after your Air Force career. What this means to your day to day work is this: you need to provide for your family. Job performance and work must be balanced. Staying with your family when you are expected at work puts your means to provide for your family in jeopardy. It is also not in keeping

with the core values. The opposite is true just as well. Staying at work when you should be with family is just as bad. It is not evident to your work immediately but it is when you need time off for counseling or worse divorce proceedings. Strike the balance of great job performance (excellence) but not at the expense of your family.

Third, chose the Air Force (or your career) after god and family. The Air Force is full of opportunities for education and travel. It can give you the means to follow your dreams while surrounding yourself with others who aspire to be leaders. Take advantage of the offerings the Air Force presents to you through college credits for your job training or the chance of an overseas living experience which will broaden your understanding of people from other cultures.

Take advantage of the friends you make in the Air Force because they are the pillars of world's best flying force. They are some of the best people you will ever meet throughout your lifetime. Keep in mind that if a choice arises where your Air Force career is trumped by your god or the needs of your family then fulfill your service commitment with excellence and things will work out. The nation will be thankful for your service.

When I hear of anyone getting out the military I ask "what is your plan for afterward?" In general, those with the best plans have thought through their priorities and made a decision in line with god, family and the Air Force. I trust you will also find it true.

THE WARRIOR

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The Sedalia Democrat

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For more information, call the Warrior office at (660) 687-6123, e-mail: Whiteman.Warrior@whiteman.af.mil, fax us: (660) 687-7948, or write to us at:

509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

To advertise in The Warrior, call the Sedalia Democrat at: 1-800-892-7856.

NEWS BRIEFS

Armed Services Blood Drive

The center at Fort Leonard Wood, Mo., will collect blood to support servicemembers serving in the U.S. Central Command area of operations Oct. 5 from 10 a.m.–6 p.m. at the Whiteman Community Center. Army Soldiers from the Blood Donor Within five days of collection, donated blood will be available to injured or ill servicemembers in Iraq and Afghanistan and other locations around the world. Potential blood donors must:

- ☐ Weigh at least 110 pounds
- ☐ Be at least 17 years old
- ☐ Have been feeling well for at least three days
- ☐ Be well hydrated
- ☐ Have eaten something before donating

Those wanting to donate should bring these items to the donation site:

- ☐ List of medications
- ☐ List of foreign countries traveled to; be sure to include when, where and for how long
- ☐ Photo Id (military ID, driver's license, etc)

Appointments are not required but can be made at www.military-blood.dod.mil

Veterans' Day Parade

The annual Veterans' Day parade is at 3 p.m. Nov. 11 and is scheduled to start at Seventh Street to Main Street, going north to Ohio Street in Sedalia, Mo. Churches, schools, youth and adult organizations, family groups and businesses are invited to participate in the parade as well as veterans groups and first responders. All entries are to have a patriotic theme. Political entries will be accepted as long as they do not endorsing any candidate or issue. There will be prize money for the best float, best car, best marching band, best family unit and best school unit and "best" overall unit. All entries must be submitted by Oct. 31. Entries are not confined to Pettis County. The parade is sponsored by the JrROTC and the veteran's organization, Voiture 333 of the 40 & 8. Rain or shine. For more information call Tony Gallagher at 660-287-3812 or e-mail irishsgt@charter.net.

Voters Assistance Office

The Whiteman AFB Voting Assistance Office is available to provide yearlong voting assistance to all U.S. citizens who have access to the Installation Voter Assistance Office. The Whiteman AFB Voter Assistance Office is located in the 509th BW Building in room 117, MPF/MPS Customer Service section. The services include providing information and voter registration assistance. For assistance with absentee voting send an e-mail to vote@whiteman.af.mil or call 660-687-2868. The assistance is appointment-based and available 8 a.m.–3:30 p.m. Mon. - Fri., except Federal holidays and wing down days

MWD Continued from Page 1



U.S. Air Force photo/509th Bomb Wing Public Affairs
The Exercise Tiger Foundation honored Staff Sgt. Alex Holloway, 509th Security Forces Squadron canine handler, and Filo, a six-year-old Military Working Dog, of the first national Blue Tiger award.

Soldier

Continued from Page 1

The Soldiers trained and planned to perform to the best of their ability while knowing very little about the tasks they would face.

"My company first sergeant asked for volunteers for the event," Wood said. "At the time, I did not know what the competition was, so I was pretty hesitant going in, but decided to give it a shot."

The Soldiers maneuvered through a confidence course enduring a 65-foot rock wall climb and treated simulated casualties. Events included land navigation, rifle qualification, warrior skills testing; written exams and candidates appeared before a board formed of first sergeants.

"I have to thank everyone in the 1-135th Attack Reconnaissance Battalion who gave me a huge amount of support the entire way and the 140th Missouri Regional Training Institute for the additional training they had lined up for me," Wood said.

"We were ecstatic about Sgt. Wood's performance in the competition," said Captain Brian Hoelscher, Charlie Company 1-135th ARB commander. "As his extended family and as a unit we were very excited with his performance at all levels. Finishing as the National Best Warrior Competition runner-up for Soldier of the Year was an extraordinary achievement."

The competition ended with an awards luncheon naming NCO and Soldier of the Year and the runner-ups.

"I enjoyed the competition," Wood said. "It was a massive learning experience and I got to meet a lot of great competitors and trainers along the way."

"When I received the news for getting runner-up, I was really surprised," Wood added. "I had been staying around third or fourth position. After it sank in, I was just really proud to be involved with that level of competition."

58 Team Whiteman Airmen promote

Fifty-eight Team Whiteman Airmen promoted in September and noncommissioned officers are scheduled to promote Oct. 1. A ceremony is scheduled at 3:30 p.m. today at Mission's End.

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U.S. Air Force photo/Airman 1st Class Montse Ramirez

The oldest and youngest Airmen in the audience at the 2011 Whiteman Air Force base Gala perform the ceremonial cake cutting Sept. 23.



U.S. Air Force photo/Airman 1st Class Montse Ramirez

ABOVE: Chief Master Sgt. Daniel DeMers dances with his daughter during the 2011 Whiteman Air Force Base Gala Sept. 23. The event celebrated the Air Force's 64th birthday with live music and fine dining. DeMers is the 509th Maintenance Support Squadron flight chief.

BELOW: The lead singer for the 80's cover band Retro@ctive performs for the attendees of the Whiteman Air Force Base Gala Sept. 23. The Air Force's 64th birthday celebration included dining and dancing.



U.S. Air Force photo/
Airman 1st Class Montse Ramirez



U.S. Air Force photo/Senior Airman Laura Goodgame

Airman 1st Class Thomas Burks busts a move in his blues during the 2011 Whiteman Air Force Base Gala Sept. 23. The event featured an 80's cover band to help celebrate the Air Force's 64th birthday. Airman Burks is a low observable Airman assigned to the 509th Maintenance Squadron.



U.S. Air Force photo/Senior Airman Laura Goodgame

Maj. Kelley Poree and his wife Charlotta watch as a rogue hummingbird sips water from their glasses during the 2011 Whiteman Air Force Base Gala Sept. 23. Major Poree is the company commander of the 509th Contracting Squadron.

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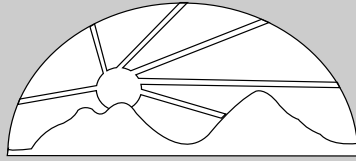
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LOCAL ACTIVITIES

Professional Women's Organization—1st Mon. of each month - Basement of City Hall
Lion's Club—2nd & 4th Mon. 7 p.m. - Jubilation Center
Chamber of Commerce—2nd Tues. of each month.
 Call Tammy Templeton @ 563-4090 for more info.
Masons—2nd & 4th Thurs. 7:30 p.m. - Knob Noster Masonic Lodge AF & AM
Optimist Club—Sat. 7:45 a.m. - Panther Steak House for Breakfast. The last week of the month meetings Wed. 6:30 p.m. - Panther Steak House for Supper (family invited)
Alcoholics Anonymous (AA)—Every Fri. 8 p.m. - Basement of Methodist Church
Knob Noster Board of Aldermen—1st & 3rd Tues. each month - Basement of City Hall

Whiteman Area Piecemakers Quilt Guild—3rd Thurs. each month 7 p.m. - Methodist Church
AMVETS—Membership Night Supper 3rd Sat. each month 7-8 p.m. - AMVETS Building
VFW—1st Fri. each month 7 p.m. - VFW Building
VFW Auxiliary—1st Fri. each month 7 p.m. - VFW Building
Boy Scouts - Troop 509 Methodist Church
Cub Scouts - Pack 405 Bill Sander 687-1154
Cub Scouts - Pack 509 Methodist Church
Girl Scouts - Jo Ellen Elwell 563-3514
Freedom of the Road Riders, Local 33 - 3rd Sun. 1 p.m. - AMVETS Building

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Flu vaccine is here

By Master Sgt. Lou DeSomma
509th Medical Operations Squadron
NCO in charge public health

As a vital part of maintaining a fit fighting force, the 509th Medical Group has begun offering the 2011-2012 influenza vaccine to all active-duty personnel. The influenza vaccine will be available to all TRICARE eligible dependents and retirees starting Oct. 1. This season's vaccine will provide protection against several strains of influenza to include H1N1.

The flu vaccination is required for active-duty members to ensure maximum protection against influenza infection. Influenza can incapacitate or degrade the effectiveness of members for significant periods, thereby compromising mission capabilities.

The influenza season in the U.S. runs from October through May each year; however, most infections occur from December through March. The flu is caused by a virus that spreads from one infected person to the nose or throats of others, and can move rapidly through groups of people, especially in confined spaces such as dormitories and

work areas. The flu can cause fever, cough, sore throat, runny nose, headache, muscle aches, chills and fatigue.

According to the Center for Disease Control and Prevention, influenza kills more than 36,000 people and hospitalizes more than 200,000 people each year in the U.S. The single best way to prevent the flu is to get a flu vaccination each year.

The following health habits are important ways to help prevent flu:

* Washing hands often will help protect from the virus that causes the flu.

* Avoid touching eyes, nose, or mouth. Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose or mouth.

* Avoid close contact with people who are sick. If sick, keep your distance from others to protect them from getting sick too.

* Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.

For more details contact the Public Health Clinic at 660-687-4305 or visit www.cdc.gov

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Official Whiteman AFB Facebook launched



Whiteman Air Force Base launched an official Facebook page and invites users to search Whiteman Air Force Base via Facebook and click "Like." Users can access Whiteman AFB news, features, sports, commentaries, photos, videos and more.

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ABOVE LEFT: Ken Campbell, 442nd Aircraft Maintenance Squadron crew chief, prepares an A-10 Thunderbolt II for a TDY to Selfridge Air National Guard Base, Mich. Sept. 21 to support the base while its members are deployed to a forward operating base in Afghanistan. ABOVE RIGHT: 442nd Aircraft Maintenance crew chiefs check their aircraft before they take off for Selfridge Air National Guard Base, Mich. Sept. 21. BELOW: Maj. Dax Hayes, 303rd Fighter Squadron, prepares to taxi for a TDY to Selfridge Air National Guard Base, Mich. Sept. 21.



ABOVE: Lt. Col. John Marks, 303rd Fighter Squadron A-10 Thunderbolt II pilot, starts his engine here Sept. 21 before heading to Selfridge Air National Guard Base, Mich. BELOW: Two A-10 Thunderbolts II taxi behind a C-130 Hercules here Sept. 21.

Whiteman's 442nd FW supports Michigan ANG

Story and photos by Senior Airman Cody H. Ramirez
509th Bomb Wing Public Affairs

Approximately 20 maintainers from the 442nd Fighter Wing deployed to Afghanistan in September for a six-month deployment where they will support the Michigan Air National Guard through aircraft maintenance and operations.

Additional A-10 Thunderbolt II pilots and 442nd Aircraft Maintenance teams left here Sept. 21 for a TDY to Selfridge Air National Guard Base, Mich., to support the Michigan base while its members are deployed to a forward operating base in Afghanistan.

Nearly 300 more reservists from the 442nd FW are scheduled to deploy to the area of responsibility in January 2012.



Ken Campbell, 442nd Aircraft Maintenance Squadron crew chief, marshals an A-10 Thunderbolt II before it flies to Selfridge Air National Guard Base, Mich. Sept. 21 to support the base while its members are deployed to a forward operating base in Afghanistan.



Tips for winterizing your vehicle

By Airman 1st Class Montse Ramirez
509th Bomb Wing Public Affairs

With the upcoming winter months come slick roads and temperatures so low that it could affect the way a vehicle runs. While steps to be safe should be practiced yearlong, there are some auto maintenance jobs and safety checks specific to chilled air which are ideal to prepare before Missouri's winter begins.

In order to prevent damage to your vehicle or an accident due to improper maintenance, Rafael Ramirez, 509th Force Support Squadron auto hobby shop manger, recommends doing the following basic check-ups:

- ☐ The coolant is essential to maintain because it keeps fluids from freezing
- ☐ Make sure tires are checked, rotated and balanced
- ☐ Ensure breaks are working properly
- ☐ Ensure all the belts and hoses are in good condition
- ☐ Conduct an overall check of the interior for rust
- ☐ Ensure all lights work properly
- ☐ Check the spare tire and ensure it has the required amount of air and enough tread

- ☐ Make sure you have tools to replace the spare tire
- ☐ Check the battery life

"It's especially important here to get these checked because of the harsh temperatures, the consequences to your car could be very detrimental," said Ramirez. "Worst case scenario, the engine could freeze and break."

Ramirez said it's worse when vehicles aren't in a garage overnight because the temperatures drop even lower, damaging the car even further.

The auto hobby shop provides all the services required to winterize vehicles. Ramirez said the cost is usually \$20 or less.

For more information or to make an appointment call the auto hobby shop at 660-687-5689.

(Editor's note: This is the first of a three-part series highlighting winter readiness.)

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Dirt Boyz revamp heavy equipment lot



U.S. Air Force photo/Airman 1st Class Nathan Tucker
509th Civil Engineer Squadron heavy equipment operators cut concrete at their shop here Sept. 26 as part of a \$15,000 parking lot improvement. The 145 yards that were previously asphalt (considered a more flexible surface) are being replaced by concrete for a more sturdy and reliable lot.

DREAM SHEET

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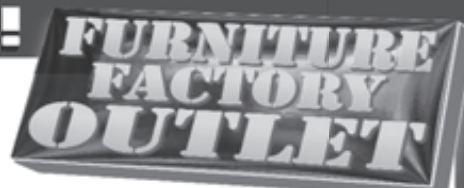
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Quadruple your chances by joining Force Cast, liking us on Facebook, and following us on Twitter!

FOOD & ENTERTAINMENT

SATURDAY 10/1

Family Bowling Special- Noon-4pm- Stars & Strikes
For \$25, get one hour of bowling, free shoes, 1-large single topping pizza, and soda for a family of up to six. Call 687-5114 for more info.
Lap Quilt Top Workshop- 10am-5pm- Arts & Crafts
For \$70 supplies included, Learn how to sew a quilt top using your sewing machine. Call 687-5691 for more information.

SUNDAY 10/2

Family Days- Starts at 4pm- Royal Oaks Golf Course
A family of four (two adults/ two children) can golf every Sunday for four green fees, two carts for nine holes, four hot dogs and drinks! Military families only \$30; Civilian guest families \$45. Call 687-5572.
Football Frenzy & "Man v. Food"- 11am-6pm- Mission's End
Come out to Football Frenzy and enjoy the games, great food, and lots of fun. Watch the halftime "Man v. Food Halftime Competition" as one man will take on the challenge of the West Texas Habanero Hot Wings! Call 687-4422 for more information.

MONDAY 10/3

SOAR Program- 10-11am- Airman & Family Readiness
Whiteman spouses join other spouses at Whiteman Inn for the Spouses Orientation Acclamation and Resources Program. Children are welcome with adults. Contact the A&FRC at 687-7132 for more information.

October Clearance Sale- 10am-5pm- Arts & Crafts
Huge discounts on all readymade frames. All glazes and rubber stamps will be 50% off, selected in stock moulding will be 30% off, t-shirts and sport shirts will be 10% off. Call 687-5691 for more info.

TUESDAY 10/4

Wire Jewelry Class- 9-11am- Arts & Crafts
For \$20 supplies included, Learn how to wire wrap to make beautiful pieces of jewelry to wear or sell. Call 687-5691 for more info.

Member's Only Daily Bar Bingo-5pm- Mission's End
Bingo starts at 49 numbers for \$450. Each week it goes up by one number and \$50 if no jackpot winner. Consolation prize of \$20 in overall game. Stop by Tuesday-Friday; Purchase cards by 5pm. Game starts at 5:30pm. Call 687-4422 for more details.

WEDNESDAY 10/5

Pottery Class- 6-8pm- Arts & Crafts
For \$40 supplies included, Learn how to make pottery pieces on the pottery wheel and also learn how to build clay slabs to make plates and vases on the table. Call 687-5691 for more info.

THURSDAY 10/6

Cook's Night Off!- 4-8pm- Mission's End
Call in your order to 687-4422 by 2 pm. Pick up between 4-8pm. A perfect meal that feeds a family of four. Cost is \$15.95 for members and \$17.95 for non-members. Also we have Pizza for only \$7 a large single topping pizza, or add 10 "wings of fire" for only \$14.25.

FRIDAY 10/7

The Marriage Counselor- 7pm- @ Community Center
"For Mature Audiences Only" Arts & Crafts along with the CAC performing arts will be performing this comedy about relationships, including a debut performance from the "Wings of Song". Tickets can be purchased at A&C or the CAC. \$8 for tonight's showing. Call 687-5691 for more information.

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22' Pontoon Boats- \$70 (\$30 Off)
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YOUTH & TEEN EVENTS

MONDAY 10/3

Child Care Openings- Child Development Center
The Susie Skelton Child Development Center has openings for children ages 3-5 yrs. old. Interested parents may contact the CDC at 687-5588 for more info.
Teen Open Rec- 3-6pm- Youth Center
For ages 13-18, every Monday from 3-6pm. \$2 for non-members, Free to members. Call 687-5586 for more information.

TUESDAY 10/4

Time to Play- 10-11am- Youth Center
A self-directed play group for ages birth - 5yrs old. In the Youth Center's Gym, parents can bring their children's toys, we will provide space & recreational balls. No reservations are required, just stop in! Call 687-5586 for more information.

WEDNESDAY 10/5

Teen Basketball Club- 6-8pm- Youth Center
Ages 13-18, come practice your skills, and enjoy some competition at the Youth Center! Call 687-5586 for more information.

THURSDAY 10/6

Teen Arts & Crafts- 6-8pm- Youth Center
Come practice arts & crafts, and enjoy some fun at the Youth Center! Ages 13-18. Call 687-5586 for more information.

FRIDAY 10/7

Pre-Teen Katy Depot & Baskin Robbins- 3:45-6pm- Youth Center
Ages 9-12, \$4 for members/ \$5 for non-members. Tour the Katy Depot and enjoy some great Ice Cream. Don't forget to bring extra money for Ice Cream. Sign ups begin Oct. 3. Call 687-5586 for more information.

Teen Open Rec- 3:15-10pm- Youth Center
Ages 13-18. Members free and \$2 for non-members. Call the Youth Center at 687-5586 for more information.

FCC NEWS!

RETURNING HOME CARE

Military members returning home from a 30 day or longer deployment are entitled to 16 hours of FREE child care for each child 12 years old and younger. Come to the FCC office for an application prior to participation.

PCS CARE

Arriving or departing from Whiteman? The Air Force Aid Society pays for 20 hours of care per child for all ranks to help with your transition. Child care is authorized in AF licensed or affiliated FCC homes. The Airman and Family Readiness Center issues certificates which are good for child care within 60 days of PCSing.

Come to the FCC office to apply prior to participation or call 687-5590 for more information about any FCC programs.



FORCE SUPPORT SQUADRON PAGE EDITOR: KYLE HAMRICK
509TH FORCE SUPPORT SQUADRON: 687-6525

This Week at the Movies

30 Minutes Or Less

Oct. 1, 7 p.m.

Jesse Eisenberg, Danny McBride -- Nick is a small town pizza delivery guy whose mundane life collides with the big plans of two wanna-be criminal masterminds. The volatile duo kidnaps Nick and forces him to rob a bank. With mere hours to pull off the impossible task, Nick enlists the help of his ex-best friend, Chet. As the clock ticks, the two must deal with the police, hired assassins, flamethrowers, and their own tumultuous relationship. R - Crude and sexual content, pervasive language, nudity and some violence. 83 minutes

Spy Kids: All the Time in the World

Oct. 2, 3 p.m.

Jessica Alba, Joel McHale -- On the surface, Marissa Cortez Wilson has it all married to a famous spy hunting television reporter, a new baby and intelligent twin step kids. In reality, trying to mother Rebecca and Cecil, who clearly don't want her around, is her toughest challenge yet. Her husband, Wilbur, wouldn't know a spy if he lived with one, while Marissa's a retired secret agent. Marissa's world is turned upside down when the maniacal Timekeeper threatens to take over the planet and she's called back into action by the head of OSS. PG - mild action and rude humor. 88 minutes

Movie showings are featured at the Whiteman AFB Movie Theater.

Call the movie line at (660) 687-5110 for more information. Cash or check only.

**Movies are \$4.50 for adults and \$2.25 (3-11 years). Doors open 30 minutes prior to show time.*

**Movies and ticket prices are subject to change without notice.*

Good one Continued from Page 2

from the group. In the military as in any large organization, we tend to fall into herd mentality, where everyone follows the general direction of the crowd.

As is true of a herd in nature, the weak fall behind and become prey, while the strong excel, determining their own future and that of the collective. The vast majority find comfort in the relative anonymity of the crowd, happy to move with the flow. To reach your full potential, however, you must break from

the comfort of the masses and find your own motivation.

Through a solid work ethic and commitment, you can achieve your goals and reach your ultimate potential. Although it's a tall order to reach the level of achievement of President Lincoln or Dr. King, you can strive to do your best in whatever venture you set out to accomplish, personally or professionally. Simply stated, "Whatever you are, be a good one."

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See the providers of Bothwell OB/GYN Associates, Dr. Bill Smith, Dr. David Oberkrom, Dr. Amy Thompson and Dr. Abraham Azan along with Nurse Practitioner Faye Evans and Nurse Midwife Liz Current in the new **Bothwell Healing Arts Center** at 3700 West 10th southwest of WalMart in Sedalia.

Bothwell™
OB/GYN Associates
3700 West 10th | Sedalia
660-827-0015 | www.brhc.org



Exceptional Care, close to home.

509th Bomb Wing

442nd Fighter Wing

Maritime Expeditionary Security Squadron 11 Det. D

1-135th Attack Reconnaissance Battalion

131st Bomb Wing



FREE Classified Advertising in the Whiteman Warrior

READ ALL RULES BEFORE PLACING AN AD

- Advertising is free to all active-duty, guard and reserve military members and civil servants who work on base or at the MoARNG in Warrensburg only. Military or civil service rank must be included in the space for "rank." We do offer free advertising to retired military members.
- Ads of a commercial nature such as baby-sitting, lawn maintenance, house cleaning, product sales, apartments or houses for rent, work-at-home opportunities or any other service in which the person makes a profit must be prepaid. Paid ads must be placed directly through the Sedalia Democrat at 1-800-892-7856, dropped off at 700 S. Massachusetts Ave., Sedalia, Mo., 65301 or e-mailed to theclassifieds@sedaliademocrat.com. They accept VISA, MasterCard, cash, personal check or money order.
- Free ads are for one-time sale of personal items only. Free ads can't be placed for churches, groups, clubs, organizations or friends not affiliated with the military. Each item must be sold for \$150 or less.
- Only one free ad*, maximum 30 words, will be allowed to run at any given time by the same household, for a maximum of eight weeks. Ads over the 30-word maximum will be edited at the publisher's discretion. *People who are PCSing may place more than one ad and sell the items at any price.
- Include your home phone in the ad so people can contact you. USE OF DUTY PHONES IN ADS IS AGAINST AIR FORCE REGULATIONS.
- Print legibly, and place punctuation and spaces where necessary. Use only one word per line.
- Free ads aren't taken over the phone. They must be dropped off at or mailed to the 509th Bomb Wing Public Affairs Office, 1081 Arnold Ave Blvd, Bldg 59, Whiteman AFB, Mo., 65305. Ads may also be faxed to 660-687-7948.
- Many offices on base are using old forms**. If you would like a copy of the new ad form to keep in your office, call 687-6123 and we'll fax a new form for your use. Or, you can download it at <http://www.whiteman.af.mil> and click on "Whiteman Warrior Classified Ad Form."
- Homes for sale that are listed with a realtor must be paid for. Only people who are PCSing and selling homes FSBO (for sale by owner) qualify as a free ad.
- Free yard sale ads are for active-duty, guard, reserve and retired military members living on or off base. People who live on base must have their yard sale approved by the housing office first.
- The deadline for placing new ads, canceling or making changes to ads is 10 a.m. Friday, one week before desired publication.
- Ads that don't meet these guidelines will not run. Free advertising is a privilege extended to you by the publisher, and your cooperation is greatly appreciated. Submissions do not guarantee publication. Publication is on a space available basis.

Daycare Centers 84

Daycare Centers 84

WALNUT TREE

In-Home Child Care
Specializing in infant & toddler care.

Openings for 6 weeks to 36 months.
Full, part-time, permanent & temporary care. **660-563-5918.**

Help Wanted 90

Help Wanted 90

Medical

RN Opportunities

Western Missouri Medical Center is currently seeking committed and energetic Registered Nurses for the following departments.

Med/Surg - full-time, 7p-7a & 7a-7p
Obstetrics - full-time, 7p-7a
Emergency - full-time, 6p-6a

We offer a competitive benefit package with a sign on bonus, shift differential, weekend differential and additional incentive pay for night shift, and self scheduling for flexibility. If you are interested in working with a dedicated nursing team please submit resume to:

Western Missouri Medical Center
403 Burkarth Rd.
Warrensburg, MO 64093
Attn: Human Resources
660-262-7434
aowens@wmmc.com

An Equal Opportunity Employer

Assembly / Packaging

WANTED: NIGHT OWLS!

Looking for that second job to pay for college books?

How about covering your essential expenses like gas or cell phones?

If you're looking for extra income and can work while your buddies are all sleeping, this is your ticket to that extra set of concert tickets or your next X-box gadget.

We are looking for team members who can work flexible hours From 6PM until 8AM. We have shifts to cover every day of the week, so we've got one for you.

You will be assembling and packaging our various printed products so they can be handed off to our delivery force.

Requirements: You must be able to lift up to 65 lbs, stand and work with machinery, accurately count and assemble products. Mechanical ability is a plus. All applicants must pass a pre-hire drug screening.

To apply: Email your resume to henryholtzclaw@sedaliademocrat.com or pick up an application at 700 S. Massachusetts, Sedalia, 65301

Sedalia Democrat
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It all starts with Newspapers

Help Wanted 90

Hair/Nails

HAIR DYNAMICS is seeking a Stylist, commission. 312 E. Young St. Suite D., Warrensburg, MO 660-747-3033

Medical

FULL-TIME PHARMACIST

Needed for local, independent company. Competitive pay & benefits. Send resume to: Dept. #5117, c/o The Sedalia Democrat, P.O. Box 848, Sedalia, MO 65302. EOE

Instructional 111

Adult Health Care Classes

- Certified Nursing Assistant (Oct. 25)
- Certified Medication Technician (Oct. 25)
- Restorative Aide
- CPR (Monthly)
- Certified Medication Aide
- Insulin Administration (Dec. 13)
- IV Certification

For Questions or Applications call Stephanie at 660-422-8377
preferredfutureseducation.com

Misc. For Sale 135

THE CHANGE JAR
Consignment Boutique Is Moving!

We'll Open
Oct. 10 at 10am.
Check us out on Facebook!

617 S. Maguire
Warrensburg
660-747-8419

Houses For Sale 249

Misc. For Sale 135

CABINETS: Complete Kitchen, Solid Maple with Glazing, All Plywood Box, can add or subtract to fit kitchen, Never Installed. worth \$9600, take \$2500. 660-252-4330

Eddie Bauer Transit Tandem stroller (\$100) compact fold of umbrella stroller, holds 2 children, lightweight, compact, excellent condition, from smoke-free environment. 660-747-6679 Kristin. sa

Apartments For Rent 207

1 & 2 BEDROOMS with deck/patio, new carpet, brand new laundry, central air, private parking. Some utilities paid. NO: dogs, cats or smoking. \$369 & up.also- 2 Bedroom house- \$529 per month. Call Fran 660-624-0276 or Jeanette 660-238-2301

1 & 2 BR central heat/air, all electric, washers & dryers. Water/trash/sewer paid. Great Sedalia location. \$445 & \$615/month. 460-0779 or 826-4509.

EXPERIENCE resort-style living in new apartments at The Apartments at Bristol Park in Grain Valley, MO. Full-size washer/dryer in each apartment, Pool, Hot Tub, Gym, Wifi, Restaurant/Sports Bar with room service and more! Call TODAY 816-355-0123 about our \$350/mo for 4 months Rent Special! See floor plans at www.rentbristolpark.com.

Houses For Sale 249

RE/MAX COMPLETE
Each Office Independently Owned & Operated

945 NE 105
Knob Noster
(660) 563-4735

www.VivianDraper.com
www.SoldbyDonna.com
www.SoldbyCynthia.com
www.SoldbyJulieLynn.com
www.PatBrasel.com
www.WhisperingHillsMO.com
www.WhitemanAFB-Realty.com
www.HomesInspiredByNature.net

Duplexes For Rent 210

2 BEDROOMS, 2 BATHS. double car garage, 1100 square feet, vaulted ceiling, next to state park. \$670 rent. 660-909-1936

Houses For Sale 249

BY OWNER: \$169,900. 2120 sq. ft. 4 Bedroom, 3 bath, 2-car garage, kitchen, dining, living, family. All new appliances, floors, fixtures & paint. Fireplace, porch, deck, fence, shed, shaded, 502 Swallow Street, Warrensburg. Call 501-605-3756. sa

Lake Property For Sale 267

LAKE OF THE OZARKS Camping lot special! NO INTEREST for 6 months; \$1250 to \$2250, \$59 down \$29 to \$39 per month. No credit checks, owner financing. Lake access. Sale ends Oct. 3rd. Stover, MO. Lake Road 135-12 to Ivy Bend Office. Closed Tuesdays, call any day till 7pm. 573-372-6493

Automobiles 300

W-E-K

Home of the Jump Start Program!

Congratulations to the hundreds of customers who have taken advantage of the **Jump Start! Program!**

If you have ever had some bad luck with your credit for whatever reason, but need to buy a car, call Ron at 660-826-8320. We can help!

Houses For Sale 249

FIRESIDE REALTY

TONY R. KENDRICK
Owner/Broker

FOR SALE OR RENT
1,2,3,4,5 Bedroom, Various Floor Plans. Call for Availability

211 E. Russell • Warrensburg
660-747-5353
www.4firesiderealty.com

Public Notices 6

NOTICE TO BIDDERS

2004 Husquvarna CZ4217. 17hp mower. Used condition, runs, for sale as is. Sealed bids must be received by October 14, 2011. Attn: Dianne McCloud, NAF Resale Mower, 660 10th Street Ste 224, Whiteman AFB, MO 65305. For more info: 660-687-5586

Services Offered 69

Advantage Lawn Mowing

Free Estimates Professional Service
Ask for Wes (Retired US Military)
(660)233-0684

S-T-O-P !!!

Don't forget to add your e-mail address to your classified ads!

Services Offered 69

PCSing? MOVING?
Guaranteed Stress-Free Finals! Covering everything inside & out for over 14 years! Painting, oil stains, trash/recycle, yard work. Short notices possible. Only 1 day needed! Call **"The Final Touch"** 660-233-3327 *Not sure what to do?? We give free estimates!*

To place a classified ad, call one of our ad visors today at 826-1001.



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Now **\$21,767** After \$1000 Toyota Rebate

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Now **\$18,891**

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Now

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- Carpeted Floor Mats
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#X11227



MSRP \$34,943

NOW \$32,964

0% APR 1.9% APR OR \$1000 UP TO 36 MOS UP TO 60 MOS TOYOTA REBATE

- Reclining Rear Seats
- Loaded!
- Ride In Comfort, Luxury & Style
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& Standard Horespower

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Most Reliable Entry Premium
Car 2 Years In A Row!!
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Luxury Experience

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2010 LINCOLN TOWN CAR**

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Signature Limited
Chrome Package
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The Ultimate Luxury

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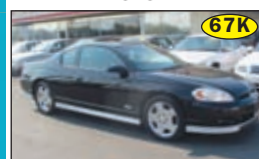
(22K)

2006 DODGE RAM SLE 4WD HEMI



(81K)

2006 CHEVROLET MONTE CARLO SS



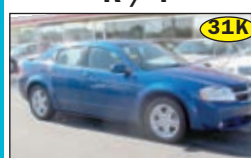
(67K)

2011 CHRYSLER 200 LTD



(5K)

2010 DODGE AVENGER R/T



(31K)

2011 FORD FLEX SEL



(18K)

2004 HYUNDAI SANTA FE GLS



(82K)

2011 HYUNDAI SONATA GLS



(31K)

2004 LINCOLN TOWN CAR ULTIMATE



(61K)

2009 FORD ESCAPE



(63K)

2010 MINI COOPER HARD TOP



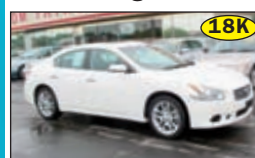
(19K)

2004 MITSUBISHI ECLIPSE CONVERTIBLE



(69K)

2010 NISSAN MAXIMA S



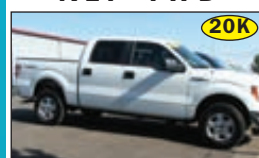
(18K)

2005 NISSAN MAXIMA SL



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2011 FORD F150 XLT 4WD



(20K)

2011 TOYOTA CAMRY LE



(33K)

2008 TOYOTA SCION XB



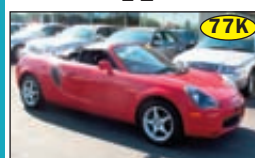
(29K)

2010 TOYOTA SEQUOIA SR5



(32K)

2002 TOYOTA MR2 SPYDER LE



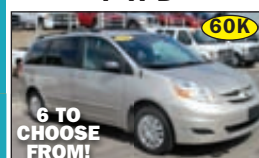
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(17K)

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(60K)

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